

# ASC ARTICLES OF UNDERSTANDING

## ROUTINE REGULATIONS:

- Team competition time limit 2 1/2 minutes
- Individual cheer and dance routine time limit 90 seconds
- Cheer only routine time limit 30 seconds
- Group leader routine time limit 90 seconds
- Partner stunt & group stunt time limit 90 seconds
- Extreme tumbling time limit 60 seconds
- There will be NO boundary penalty
- Pom routines must hold poms for 1/2 of routine
- Routines must be appropriate for family viewing
- Tumbling is allowed in dance routines
- No stunts or pyramids will be allowed in dance or hip hop routines
- No stunting or tumbling is allowed outside the practice room until your designated practice time

## ROUTINE VIOLATIONS:

- 10 Point deduction for routines exceeding time limit
- 10 point deduction for illegal stunts, pyramids, etc.

## AGE REQUIRMENTS:

- Please review the age requirements listed in our competition divisions. All teams must abide by the age requirements. Teams which are proven to be violating this rule will result in disqualification.
- Any team, person, coach, or spectator that contests this rule against another team MUST have school records.

## PROTESTING:

- There will be no protesting competition results. However, the team coach or team director may discuss any questions or concerns with the ASC director.

## REFUNDS:

- There will be NO refunds.

I, \_\_\_\_\_ THE COACH OR DIRECTOR OF \_\_\_\_\_ HAVE  
READ AND WILL ADHERE TO THE ASC ARTICLES OF UNDERSTANDING.

Date: \_\_\_\_\_